



**Autism Center**  
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**Need Additional Information?**

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Autism Center  
 Children's Hospital of Pittsburgh  
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**Treatment of Sleep Disturbances in Young Children with Autism**



**Children's Hospital of Pittsburgh**

**Research Study**  
*Funded by National Institute of Mental Health*



## Study Participation



- Does your child suffer from sleep problems?
- Are you interested in learning about positive bedtime behaviors or educational information on various topics related to young children with an Autism Spectrum Disorder?
- Are you interested in participating in a research study?



## About the study

Parents will be randomly assigned to a comprehensive parent training (PT) or a parent education program (PEP).



As part of the study you will be asked to complete questionnaires, document your child's sleep habits and attend sessions with an expert in autism. The possible benefits of participation in this study are the improvement of your child's sleep and bedtime behaviors.

## Eligibility

We are looking for families in the Greater Pittsburgh area to participate in our study.

To be eligible to participate:

- Your child must be between 2 and 6 years of age
- Your child must have a diagnosis of an Autism Spectrum Disorder
- Your child must have a significant sleep disturbance



*Principal Investigator*

*Cynthia Johnson, Ph.D., BCBA-D*