



# AUTISM OUTDOORS!

Saturday, June 11<sup>th</sup> from 10:00 am to 1:00 pm

Rain or Shine! At Allegheny Commons Park next to Lake Elizabeth  
(behind the National Aviary) on Pittsburgh's North Side.

A FREE event provided by Venture Outdoors  
for people with autism and their families. Activities will include:

**KAYAKING - CLIMBING WALL - BIKING - GEOCACHING (treasure hunting with GPS)**



**Snacks and drinks provided RSVP not required,  
but appreciated to help us arrange for enough supplies.**

**To register go to [www.aboard.org](http://www.aboard.org)**

To volunteer or sponsor call ABOARD at 412.449.0165  
or email [autismnews@aboard.org](mailto:autismnews@aboard.org).

Pre sented by Venture Outdoors for the families  
of Advisory Board on Autism and Related Disorders (ABOARD)



***You'll get the chance to try out kayaking on Lake Elizabeth  
(a manmade pool that's 2ft deep), climb a 24ft. climbing wall,  
go treasure hunt hiking with GPS units (geocaching) or go biking  
around the park. Other fun activities will take place as well in a***

**tented area near the lake.**

***It will be a great opportunity for those with autism and their families to try out some new and interesting activities in a less structured, go-at-your-own pace environment.***

***Trip Leaders from venture Outdoors and staff and volunteers from ABOARD will greet you near Lake Elizabeth and guide you through the day's activities.***

***All equipment will be provided including kayaks, paddles, lifejackets, bikes, helmets, and GPS Units (please do not bring your own.)***

***Water and Snacks will also be provided!***

**[REGISTER](#) for this FREE event!**

***For questions contact Rebecca Williams-Thomas at ABOARD 412-499-0165!***

**THANK YOU TO OUR SUPPORTERS!  
VENTURE OUTDOORS  
PITTSBURGH WATER COOLER SERVICE INC.**

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